



## Greetings from Mother Church

The Council of Advisors and the Council of Matriarchs send their greetings to all members of Oklevueha Native American Church. It is our hope that all have a wonderful winter season filled with joy and peace.

We pray that 2022 was a year of positive growth and changes. It is our hope that you have received comfort and healing from sacred ceremonies and community. We pray for the health and safety of all of our members, and hope that you and yours are snuggling in for the winter in comfort.

At this time of year, our hearts and minds are turned towards our brothers and sisters on the reservations. Many struggle with staying warm, not having enough food, and not having money for gas. Most reservations are very remote, and finding affordable heating and food supplies is very difficult.

Because Oklevueha NAC has been blessed by these beautiful elders, we feel especially close to them, and we desire to be of service. Please know that 100% of the funds you contribute to our Humanitarian needs is sent directly to the families who need our assistance. We thank you for supporting our humanitarian efforts. Every dollar is gratefully and humbly accepted.

Over the past year we have donated to many causes. We have assisted families with medical problems, transportation problems, food shortages, and heating. We have sent aid to the Navajos, the Lakota Sioux, and others.

We wish to thank everyone who contributed to these worthy causes, and assisted us in serving our brothers and sisters.

[Contribute to the Humanitarian Fund](#)

**New Website Link!**  
Oklevueha is making some updates to our online presence. Over the next few months you may notice changes on our website. We are continually updating information on there, but we will also be updating the look and feel. Not only that, but we have a new web address:  
**[OklevuehaNAC.com](http://OklevuehaNAC.com)**  
Please bookmark this on your computer!



Please share this newsletter with your Branch members.

# 2023 Updates from Mother Church

## Branch Monthly Check-In

Mother Church wants to support our branches, so we ask if each branch can send us a quick update every month. This is separate from any information we request for the newsletter. One or two sentences letting us know what you're doing, how the branch is doing, and how your presidency is functioning. Information from you helps us to know what support you may need from Mother Church. Please have your Chiefs of Staff send us an email every month.

## Virtual Membership Cards

For 2023 we would like to reduce our carbon footprint by no longer using unnecessary plastic and ink with ONAC membership cards. Beginning January 2023, ONAC will be moving to virtual membership cards. We believe this is the aligned way forward in honoring our Mother Earth and modern times to make membership status more accessible for ONAC branch leaders and ONAC members. Any active and good standing member of ONAC will shortly be able to request a virtual card, if they wish. This includes our branch presidency members and medicine people as well. However, all new members in 2023 and moving forward will only receive virtual cards. All virtual cards will be sent through email.

Each new member will receive a 'Welcome Email' that will include their virtual card. There will be instructions to save the email as well as also being able to download an image of the virtual card to save in their photos on their phone.

On each virtual membership card, there will be an additional QR code on the front. This code will link to the members record and show their membership status. Branch leaders with a login to the ONAC database will be able to scan this QR Code to look up a member's standing, even if they are not a member attached to their branch. Every ONAC branch presidency will shortly receive instructions on how to check membership status for people coming to ceremony.

## Updated Cannabis Policy

Many states in the United States have legalized cannabis for medical use, and several have made it completely legal for any purpose. In those states where cannabis is legal, you may follow the laws of your state. However, in states where there are still limitations, you must follow our sacrament limitations.

An ONAC member may not have more than 2 ounces of Cannabis Sacrament at any time. NOTE: During harvest time, a member may have more than 2 oz in their possession, as they have likely grown enough medicine to last for the season.

All medicine over 2 ounces must be put into sealed containers and labeled with the date of harvest and your name and ONAC membership number, and either stored in the freezer or a lockbox with an ONAC sticker on it.

It is vitally important that every member growing cannabis understands that this is sacred medicine and cannot be sold or gifted to anyone within or without Oklevueha. The personal cultivations are for personal sacramental and medicinal use only.



# ONAC University

## Of Indigenous Medicine



It is with great excitement and gratitude that we bring to you an amazing new opportunity and source for all members of Oklevueha Native American Church. We are so blessed to now have a formalized education source for our branches, members, facilitators, and anyone interested in learning or expanding their already existing experience in indigenous modalities.

As you know, we hold these medicines and ceremonies sacred. ONAC members and Branches are vetted in a way that helps us protect the medicine as well as the opportunity to participate in life changing ceremonies. We know that it is incredibly important to make sure that our Medicine Men and Women are well rounded in their experience and education. This offers safety to those sitting as well as those facilitating.

ONAC University ([www.onacuniversity.org](http://www.onacuniversity.org)) has taken on the mission of helping to bring forward a formalized education system for our members to specifically preserve the sacred traditions of medicines, healing modalities, and education in areas that can often be missed in a general apprenticeship setting.

Enrollment is open and students can begin

registering for classes that begin in January. New cohorts will start each quarter and there is space for all to participate. Whether you want to do some continuing education or enter the commitment of becoming a Doctor of Indigenous Medicine, there is something for everyone. We are in the process of receiving accreditation publicly and privately, so coursework can be used in both the public and private jurisdiction.



Residency programs and student apprenticeships will also be offered and part of certain courses. This will happen in our ONAC of The Lotus Sanctuary clinic in Utah. All members of our ONAC community can attend our facility as we only work within the membership. ([www.lotussanctuary.com](http://www.lotussanctuary.com))

Lastly, ONAC University of Indigenous Medicine is a non-profit so all payments will be credited as a donation and can be used as a deduction on your taxes. And, an even more incredible bonus, as we work with several different cultures, a Polynesian Non-profit organization called Village Impact that has partnered with GoSponsr has created an opportunity for those that may need some assistance in tuition or funding. If you'd like to work with them, please let our office staff know, and we'll be happy to get you set up to start your funding campaign. Sign up at ONAC University.



OKLEVUEHA NATIVE AMERICAN CHURCH  
LEGAL DEFENSE FUND

# Oklevueha Legal Defense Fund

Oklevueha Native American Church has been on the forefront of legal rulings protecting the freedom of religion and our constitutional rights. One of our own has been in a five-year legal battle with the

state of Hawaii, and we are coming to you to ask for your help and support as he appeals the ruling against him.

Wes Sudbury is an ONAC Branch leader and ONAC medicine person who has been caught in a riptide of legal issues and illegalities. Wes was held in Hawaii for six and a half years in a federal prison without a speedy trial, with various legal representatives that refused to fully support Wes, many delays, pressure from the court to take a plea deal, and numerous other ridiculous scenarios.

Please help Wes to finish this, and with the aid and protection of The Great Spirit, provide victory and healing for the nations. This, of course, has been a significant sacrifice of struggle and pain for him and his family financially and otherwise.

These are some of the illegal activities that were perpetrated against him:

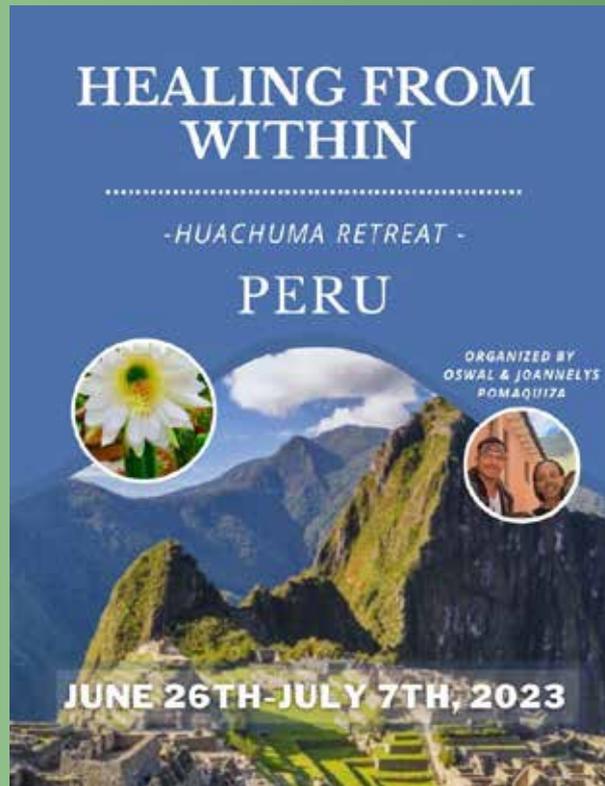
- He was originally told by law enforcement in Hawaii county that his church was beneficial to the community and not on the law enforcement radar. They then sent a confidential source, into the private areas to engage in electronic surveillance for years, while encouraging them to go bigger, violating multiple state and federal constitutional and statutory rights.
- The Hawaii office got a wiretap warrant with this illegal evidence. This was a violation of supreme court precedent and the 4th amendment. They ignored the compelling interest standard through all this, the judge refused to follow the statutes binding her order to the government to provide discovery of all the activity before the DEA became involved.
- After serving the most time he would have gotten, had he been convicted, the judge then demanded to have a trial.
- The County of Hawaii sent a confidential informant into the private areas of his church and set up electronic surveillance for years on the church property.
- The County of Hawaii enticed the DEA into reopening their Hawaii office, who got a wiretap warrant with this illegal evidence.
- The County of Hawaii ignored the Government Compelling Interest standard that is required when dealing with a church.
- The Judge refused to follow the statutes binding her to order the government to provide discovery of all the activity before the DEA became involved.
- One of his attorneys did not file a crucial paper with the court because "the line was too long." His attorneys made so many errors that even the judge suggested they be fired.
- After Wes' case was accepted by the U.S. Supreme Court, the judge in Hawaii rushed through a trial and brought him to a conviction, thus making his appeal to the Supreme Court moot. Even after serving five years, Wes is now on probation for three years.

Wes' only recourse is to launch an appeal of his conviction with the Federal courts in Hawaii. His goal is to have his original conviction thrown out, and his probation removed. This case, and the ultimate outcome could drastically impact all members of ONAC.

Wes is asking for assistance to finish this, and with the aid and protection of The Great Spirit, provide victory and healing for the nations.

**Please contribute to the ONAC Legal Defense Fund.**

# ONAC of New Jersey



For more information  
email [Joanne](mailto:Joanne).



## Oklevueha Native American Church of New York

ONACNY (Oklevueha Native American Church of New York) hosts a variety of sacred earth medicine circles and community events in the tri-state area including New York State, New York City, New Jersey and Long Island.

### Shamanic Medicine Ceremony:

Our next Grandmother medicine ceremony will be held in February 2023 in upstate New York. To learn about the work we do please visit: [onacny.org](http://onacny.org) To participate, please email: [onacny@gmail.com](mailto:onacny@gmail.com)

Community & Music event: We hold community gatherings, concerts & workshops outside the ceremonies on a regular basis. You can find our upcoming event information on our website: <http://onacny.org/events/>

We warmly welcome you to walk the path of self-discovery and awakening with our East coast spirit family. AHO!



# ONAC OF BIRTH ENLIGHTENED

## BREATH JOURNEY

Date: First Sunday of Every Month

Time: 5pm-7pm Investment: \$30.00

Location:

Purify Wellness Center

1064 S. N County Blvd #160

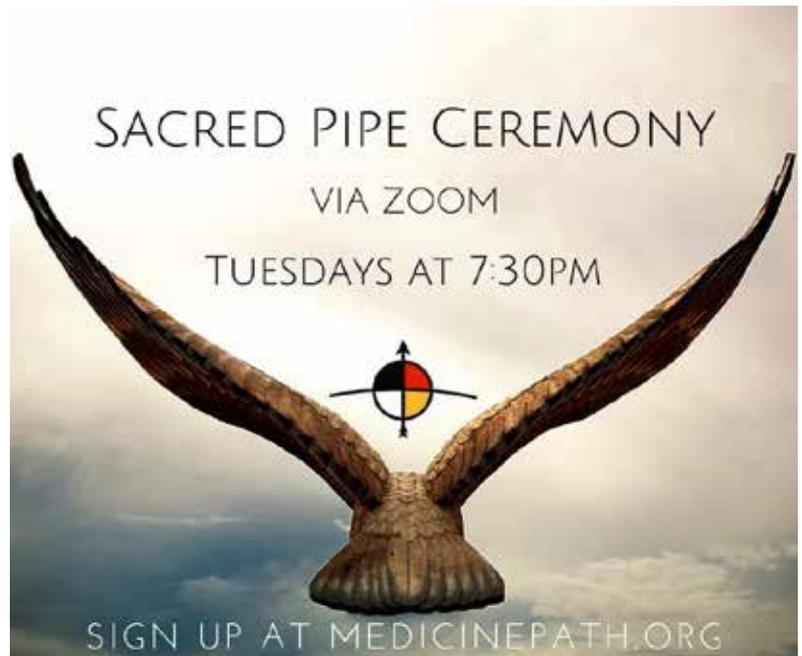
Pleasant Grove, UT 84062

In this breath journey, you will be led through a deeply transformative circular breathing exercise combined with powerful music, drums, and sound bowls. Most people describe their experience in a breath journey as life changing. RSVP is required.

RSVP-[Bodyoflight.com/breathjourney](https://Bodyoflight.com/breathjourney)

# ONAC of Medicine Path

Join us for Sacred Pipe Ceremony every Tuesday at 7:30pm via Zoom. Sign up online here: <https://medicinepath.org/sacred-pipe-ceremony/>



It's a New Year! NOW is the time to heal it up and enjoy more loving and joyful relations with yourself and everyone else!

## [12 Week Healing Codependency Online Groups](#)

w/ Erika Wright on ZOOM

### [2023 Groups Now Forming](#)

Monday Evenings and Tuesday Mornings starting January 2nd

When: Mondays @ 6:30 - January 2 to March 20, 2023 - 6:30-8:30pm PT

Tuesdays @ 10am - January 3 to March 21, 2023 -10am-12pm PT

Cost: \$300 per month for 3 months. Total cost of the group is \$900.

(Initial payment to reserve your space: \$300 + 2 monthly payments due 1/20/23 & 2/20/23)



## Healing Codependency Support & Counseling Groups

12-Week Online Groups with Erika  
Wright

# Humanitarian Prayer Circle

ENDING WAR WITHIN  
& WITHOUT

**Free Virtual Gathering**

Wednesday, January 11, 2023 • 11am–1pm PST

## “Humanitarian Prayer Circle Ending War Within and Without”

ONAC of Beauty Way in Unity

What if war ended? Truly. It may seem impossible to end war, but it isn't. It's more than possible.

World peace first starts with each of us, being the change we wish to see in the world, and uplifting the collective consciousness.

Now more than ever, we need comfort. Vision. A way to heal individually, and send powerful healing energies to our global family too.

It just starts by activating your higher self.

After that, all of your warring inner parts suddenly harmonize.

There's something about joining with others in prayerful attention that amplifies our intentions and makes them happen 100 times faster.

So, if you're ready for 2023 to become the year you heal that chronic ailment, manifest financial abundance, stepout of the shadows as a business owner or leader, or find your true love...

**Join us January 11th  
for our free virtual come-UNITY  
Humanitarian Prayer circle.**

During this gathering, you'll receive energy work for personal healing, join in a collective visioning circle, and beam energy to heal humanity at one of our most vulnerable moments.

World peace starts with us each being the change we wish to see in the world.

Save your spot here >> [rosecole.com/circle](https://rosecole.com/circle)



# ONAC of Medicine Hearts

Medicine Hearts Native American Church is in Lakeport, CA. Our home is a turn of the century Church overlooking Clearlake. We offer ceremonies that invoke the presence of our ancestors, the energies of sacred land near the powers of the oldest lake and the youngest mountain in California.

We work with The Grandfather Medicine, Ancient Andean Master Plant Medicine known as Wachuma ~ San Pedro, The Sacred Pipe ~ Chanupa Wakan, Hape, Mambe, Cacao, The Sacred Fire, The Water, and the Sanctuary in our home (The Blue Steeple Church in Lakeport).

Medicine Hearts NAC offers Healing Medicine Ceremonies, Men's Healing Medicine Retreats,

and Sponsored Ceremonies. Visit our website [MedicineHearts.org](http://MedicineHearts.org) to learn more and sign up to attend a ceremony. Please contact us via email ([don@medicinehearts.org](mailto:don@medicinehearts.org)) if you would like to Sponsor a Ceremony.

## Upcoming Ceremonies:

Sunday, January 15, 2023 - Men's Healing Medicine Ceremony

Sunday, February 26, 2023 - Grandfather Ceremony

Sign up here: [medicinehearts.org/healing-medicine-ceremonies](http://medicinehearts.org/healing-medicine-ceremonies)

## Upcoming Retreat:

March 16-20, 2023 - Men's Healing Medicine Retreat at Pine Grove in Cobb, CA.

Join us for four days of Healing. We will work with Fire, Water, Earth, and Sky to heal our hearts. We will deepen our prayers, amplify our intentions and draw strength from one another supported by Red Road Ways and Silk Road Wisdom.

We will return to the womb of the mother in the Inipi (sweat lodge.) Send our prayers to creator through Chanupa, Circle up around the Sacred Fire Hochoka, and pray with the sacred plant medicines of the South and North.

We will gather on consecrated ceremonial ground blessed for our work by the ancestors, the local indigenous people and the family that stewards the land.

You will be supported by experienced ceremonial intercessors. Our focus will be personal and ancestral healing.

Our aim is to augment your strength and courage and empower you to rise up in the full dignity of your sacred manhood.

The theme of our retreat is: **Redefining Victory for The Sacred Masculine.**

Learn more & sign up at [medicinehearts.org/mens-healing-medicine-retreat](http://medicinehearts.org/mens-healing-medicine-retreat)



## Men's Healing Medicine Retreat

March 16-20, 2023

Please join us for 4 days of healing at Pine Grove.  
Learn more at [medicinehearts.org](http://medicinehearts.org)

# ONAC of Rooted Healing

## ~Kambo-Shamanic Detox~

If the medicine of the Frog has been calling, I would love to set up a Consultation with you.

## Kambo Consultation

## ~Earth Medicine Mentorship~

Offered online and in-person

Elemental Immersion with Kathleen House

Elemental Immersion, at your own pace. A very courageous path! This course is for those committed to knowing yourself, essence deep. A deep journey through the 4 lower Sacred Energy Centers.

## Earth Medicine Mentorship Exploration/Consultation call

We offer many different classes In person in Provo, UT at The Yoga Underground. Please check out all our [offerings](#).



# ONAC of Southern Virginia:

A'ho! Our branch is very busy serving the population at the Veteran's Hospital in Richmond, VA, where we hold sweat lodges every month. We are planning additional ceremonies in 2023, including more lodges and peyote ceremonies. We love that the branch is growing, and we are meeting lots of new people who are interested in these ways. We are grateful to Creator. All my Relations! – Jimmy Thunder

